

# THE UNIVERSE

Brigham Young University Provo, Utah

Thursday, July 14, 1988

1 No. 178

Reagan warns of 'surprise' if order disobeyed

## Ambassador expected to comply

Associated Press

WASHINGTON — The State Department said Wednesday it expects Nicaraguan Ambassador Carlos Tunnermann to comply with an order expelling him and seven colleagues, and President Reagan warned that "he's going to get a big surprise" if he doesn't.

State Department spokeswoman Phyllis Oakley was asked about the possibility that Tunnermann may claim he has the right to stay in Washington on grounds that he also is Nicaraguan ambassador to the Organization of American States.

"It would be unprecedented for a foreign envoy to refuse to comply with such an order as we have given to Ambassador Tunnermann," she replied. "We expect him to comply with our order."

Reagan, who ordered Tunnermann's expulsion on Tuesday, was asked Wednesday what additional steps the United States could take to retaliate against Nicaragua's expulsion of eight U.S. diplomats.

"We've taken away their visas and they're going home," he said.

When told that Tunnermann was resisting the order, the president called out to reporters, "He's going to get a big surprise."

At Tunnermann's request, the OAS permanent council will hold a special meeting Thursday afternoon to discuss his expulsion.

The meeting was described as "informative" in nature, meaning that no resolution will be introduced, a State Department official said.

Reagan was queried as he left a signing ceremony for a Captive Nations Week resolution in the White House Rose Garden, at which he reiterated his support for rebels fighting the leftist Nicaraguan government.

"I suggest to Congress: Isn't it time we give freedom fighters in our own hemisphere the same consistent support we give to others in distant lands?" the president said.

Earlier, Reagan met with the U.S. ambassador to Nicaragua, Richard Melton, who said he and his seven colleagues were expelled to intimidate opposition leaders with whom they had met in the normal course of their work.

Melton, at a news conference following a private meeting with Reagan, said the president "told me other things are being considered" as additional retaliation against Nicaragua's Sandinista government.

The ambassador declined to say what if any specific steps were discussed.

Melton said the diplomats expelled from Managua were "selected with malice aforethought to reduce the effectiveness of the embassy in the performance of diplomatic functions."

He said the seven diplomats expelled with him had met with members of the opposition because "seeing all sections of society is a normal function of an embassy."

"I think the underlying purpose was to intimidate the opposition itself," the ambassador said.

## ICAO to investigate U.S. actions in Gulf

Associated Press

"My government strongly condemns this tragic and unjustified act."

Many speakers urged ratification of a 1984 organization protocol stating that weapons should never, under any circumstances, be used against civilian aircraft. So far, 48 members have ratified it. To take effect, it needs approval from 102 members.

West Germany and other nations urged the body to review provisions for coordinating military and civilian air traffic, especially in war zones.

After a minute of silence for the victims, the council heard first from Iranian spokesman Hassan Shafy, who accused the United States of evading responsibility by claiming it acted in self-defense.

"The use of force against civil aircraft cannot be justified under any circumstances and is a flagrant violation of international law."

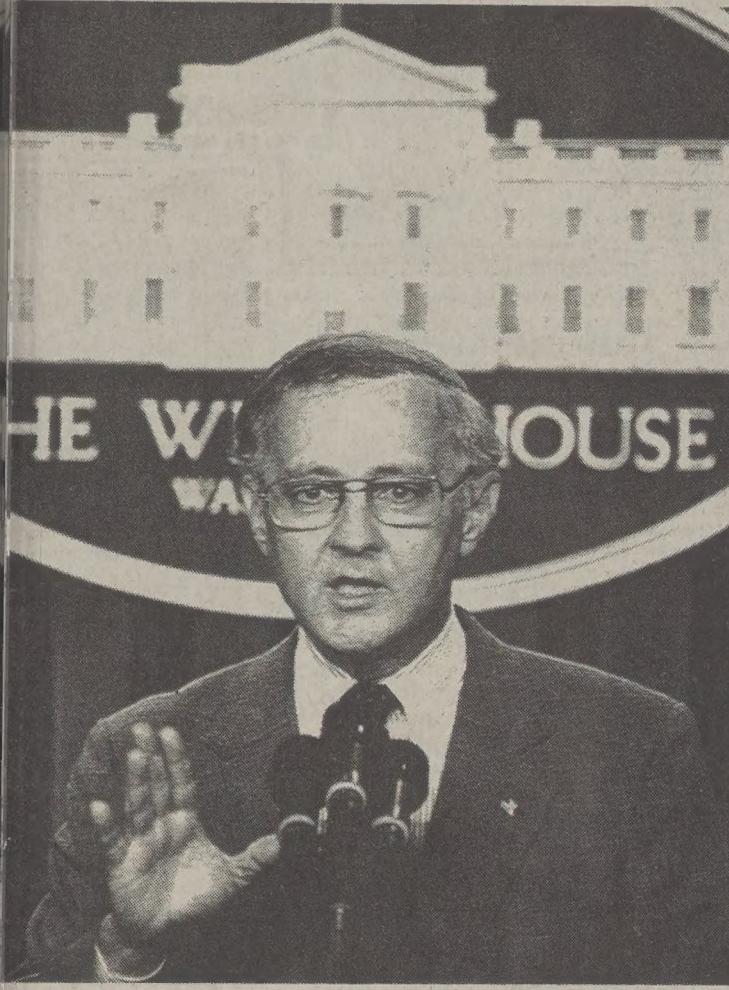
— Hassan Shafy

Iranian spokesman

"The use of force against civil aircraft cannot be justified under any circumstances and is a flagrant violation of international law," Shafy said.

The plane was ascending after taking off from Bandar Abbas, Iran, on a 28-minute flight to Dubai and was transmitting normal civilian airline signals, he said. His statement contradicted U.S. claims that the plane was descending and sending both military and civilian signals.

Shafy accused the United States of hypocrisy since in past cases it has categorically rejected the self-defense argument.



Richard Melton, the U.S. Ambassador to Nicaragua who was recalled by the Sandinista government, speaks at a White House news conference Wednesday.

## Cuba agrees to leave Angola

Associated Press

UNITED NATIONS — Angola, Cuba and South Africa have agreed that Cuban troops will pull out of Angola, and South Africa will end its 73-year rule over the country, said Assistant U.S. Secretary of State Chester Crocker Wednesday.

Parties did not agree on a timetable for the Cuban withdrawal at this week's private meetings, Crocker said in a news conference at the U.S. Mission to the United Nations.

As mediators, have for some years been defining a "cure," said Crocker. "It appears to us, based on discussions here, that the parties concerned have decided that structure as the basis for final steps to a settlement."

They have not yet moved those final steps, but that has been reconfirmed here in New York," he said.

State talks began Monday among the Americans, led by Crocker; South Africa, led by Neil van Heerden, that country's director-general of foreign affairs; and a joint Cuban-Cuban delegation.

Talks took place under tight security at the U.S. Guard station on Governors Island in New York City, and concluded Wednesday morning at the negotiations.

Dukakis and Bentsen ticket reminiscent of 1960 race

By DUG GIBSON  
For The Salt Lake Tribune

## NEWS ANALYSIS

conceding the 29 electoral votes that come with the state of Texas. Before the Bentsen selection, Bush, an adopted Texan, had been the heavy favorite to carry the state in November.

Another factor that could weigh heavily on Bush's mind is that Bentsen already holds a political victory over Bush, having defeated him in the 1970 Texas senatorial race.

"He (Bentsen) knows how to beat George Bush," said Democratic Sen. Barbara Mikulski, Md. "He did just that in 1970," she added.

However, campaign workers for Bush are quick to point out that November's election is far different than 1970. "People in Texas want a president, not a vice president," said Bush campaign manager Lee Atwater.

Texas' Republican Gov. Bill Clements, accuses the Bentsen selection as being a desperate attempt to win Texas.

See BENTSEN on page 2

## CAMPAIGN PARALLELS

1960 - 1988

1. Both John F. Kennedy in 1960 and Michael Dukakis in 1988 were Democratic presidential candidates from Massachusetts.

2. Both Lyndon B. Johnson in 1960 and Lloyd Bentsen in 1988 were Democratic vice presidential nominees from Texas.

3. Both Richard Nixon in 1960 and George Bush in 1988 were running for president as Republican incumbent vice presidents.

4. Both in 1960 and in 1988 a Republican president had occupied the White House for eight years.

5. Both Dwight Eisenhower in 1960 and Ronald Reagan in 1988 were finishing terms where they had a relatively high rate of public approval.



Universe Graphic by Mark A. Stastny

## CORRECTION

An article in Wednesday's Universe about part-time BYU employees receiving health benefits should have read that students working full-time in the summer and not enrolled in classes do not currently receive any benefits. The Universe regrets the error.



By APRIL D. LOWRY  
Senior Reporter

Many efforts are being made by state governments to deal with the deadly disease for which no cure has been found — AIDS.

Recently in Utah two bills were presented in a special legislative session. One, dealing with pre-hospital emergency-care providers, passed. The other, dealing with the confidentiality of medical records of people with AIDS, failed. Both were second drafts of legislation vetoed by Gov. Norman Bangerter.

The "EMT" (Emergency Medical Technicians) bill is designed to give paramedics, emergency medical technicians, police officers and corrections officials peace of mind while working with possible AIDS carriers while in the line of duty.

Unlike the initial proposal vetoed in mid-March, the revised bill does not permit testing for the virus without a patient's written consent.

The bill also specified the circumstances under which emergency workers who contract the virus could receive workers' compensation.

According to Salt Lake City Fire Surgeon Jeff Clawson, Utah may be the first state in the nation to proclaim that pre-hospital emergency-care providers infected with AIDS will be presumed to have contracted it on the job and will qualify for compensation.

"As far as I am aware, there are no other states that have a presumption for AIDS and blood-borne diseases," he said.

The bill requires that significant exposures to blood be documented by

emergency medical service personnel, whether or not the patient is eventually tested. A provider who claims to have contracted the disease as a result of exposure is then presumed to have contracted it by accident during the course of duty, and has up to a year after becoming ill to file a claim with the Industrial Commission.

It would be the commission's burden to prove infection resulted from high-risk behavior if it were to be contested. Effective at the beginning of the month in the state of Idaho, applicants for marriage licenses will have to state that they have read a pamphlet on AIDS provided by the county clerk.

Information included in the pamphlet is on how AIDS can be spread and how to seek testing.

Only Illinois and Louisiana now require AIDS testing of marriage license applicants, according to an Associated Press article.

Another Idaho law provides testing for the virus in organs and fluids to be transplanted and of people donating organs or fluids for transplant. The law makes it a felony to knowingly transmit the disease to another.

In Florida, the state ranked third behind New York and California in persons suffering from the disease, a comprehensive AIDS bill which subjects promiscuous AIDS carriers to quarantine for up to four months was signed by the governor on Friday, according to the governor's press secretary Jon Peck.

"This legislation sends a message to individuals who would use their infection to harm others," said Gov. Bob Martinez.

The bill also outlaws discrimination

against AIDS carriers and requires public education.

"Education is so important because there is no known cure, and the only way to stop it is preventing it through increased public awareness," said Martinez.

New legislation in Indiana requires AIDS education for health care workers, teachers, public school students and marriage license applicants, according to the article.

Each school corporation in Indiana will be required to have a community advisory committee to screen AIDS education materials.

This legislation also made it a crime to knowingly donate AIDS-contaminated blood or to fail to notify state officials when a person tests positive for the AIDS virus.

The maximum penalty for donating contaminated blood may be eight years in jail or 50 years if another person is infected by the donated blood.

The law allows Indiana judges to order the temporary detention of those persons with AIDS who persist in high-risk behavior.

Although several states require AIDS tests for sex offenders, Colorado is the first state to use the test before the conviction of sex crimes other than prostitution.

Colorado's law makes test results available to victims of the sexual offense who request that type of disclosure, but those victims could face jail terms of fines if they disclosed the information to unauthorized people.

Georgia's new law requires AIDS testing of those convicted of crimes involving sex or drug abuse and, eventually, of all inmates in state prisons. Beginning in July, any carrier of the disease who engages in AIDS transmitting behavior in Georgia without informing his partner will

## Palestinians discuss conflict

Marwan Bishara, director of Claremont Research and Publications in New York City, speaks to a group at the Kennedy Center Wednesday night while his brother Azmy listens. Azmy, a lecturer of philosophy at Bir Zeit

University near Jerusalem, and Marwan visited BYU as part of a series of lectures they are giving during a national tour. The tour is being sponsored by the National Council of U.S.-Arab Relations.



Universe photo by Scott Gassman

## States try to fight AIDS with legislation

By APRIL D. LOWRY

Senior Reporter

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Food poisoning increases during summer.

Campus

Reading for the Blind program assists visually-impaired students.

Lifestyle

Hansen Planetarium offers summer entertainment possibilities.

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No. 2 all-time scorer in BYU women's basketball history returns.

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# NEWS DIGEST

Compiled from staff and news service reports

## Bush to present U.S. side at U.N. debate

WASHINGTON — Vice President George Bush will present the U.S. case at Thursday's U.N. Security Council debate on the American destruction of an Iranian airliner, the White House announced Wednesday.

Bush said he "can't wait" to argue "the free world's case."

White House spokesman Marlin Fitzwater made the announcement at his daily meeting with reporters and was repeatedly asked why Bush, the certain Republican presidential nominee, was being dispatched to the United Nations.

He answered that the appearance of Bush, a former U.S. ambassador to the United Nations, "reflects the importance of the issues at stake."

Iranian Foreign Minister Ali-Akbar Velayati will be the first speaker, and Bush is expected to be the second speaker. Other speakers were not known.

Iran hopes that a majority of the 15-member Security Council will vote to condemn the United States for the incident, in which the cruiser Vincennes shot down an Iranian jetliner carrying 290 people over the Persian Gulf.

The United States, as a permanent member of the council, can veto its actions.

Fitzwater said Bush "will demonstrate to the Security Council and the world the U.S. concern on this matter, the seriousness with which we take it and our dedication to steps to try to end the Iran-Iraq war."

"That is our motivation."

## Zoning change for gold milling on hold

GREEN RIVER, Wyo. — Work on a request for a zoning change to allow the establishment of a gold milling operation in southern Sweetwater County was tabled Wednesday by county officials in response to a state Game and Fish Department request for further information on the project.

The Sweetwater Planning and Zoning Committee tabled the request to change the zoning in the area from agricultural to mineral development sought by Calcitron Resources Corp., a Utah company, after a public hearing on the issue.

The company has proposed establishing a gold mine in Utah and a milling operation about 8 miles north near Minnie's Gap in Wyoming.

Lloyd Wall, a consulting geologist for Calcitron, said the site was selected because of easy access to power, roads and workers.

But Tom Christiansen, a biologist for the Game and Fish Department, said the area is a crucial winter range for deer and antelope, as well as a calving area for elk from Utah, Colorado and Wyoming.

## Scientists find wobble in Earth's spin

NEW YORK — The constant shifting of a restless atmosphere is making the Earth wobble like a clothes washer with an off-balance load, a study says.

Roving masses of air pushing on the planet's surface cause at least some of a recently discovered wobble in the Earth's axis of spin, researchers said.

The wobble is very slight, but it means the Earth can be used "as an instrument to test things about the atmosphere as a whole," said researcher T. Marshall Eubanks.

An analysis of the wobble is published in Thursday's issue of the British journal Nature by Eubanks, of the U.S. Naval Observatory in Washington, and scientists at the Jet Propulsion Laboratory in Pasadena, Calif., and Atmospheric and Environmental Research Inc., of Cambridge, Mass.

They found that, over three years, the wobble was related to changes in air pressure around the globe. Air pressure changes are created by the shifting in the atmosphere, and Eubanks said fluctuations as slight as one-tenth percent to three-tenths percent of normal atmospheric pressure appeared to contribute to the wobble. The new paper focuses on recently discovered fluctuations with cycles of only two weeks to several months.

## Denver Civic Center gets falcon guests

DENVER — Five peregrine falcons started a temporary stay in a penthouse of sorts atop the 23-story Civic Center Plaza on Wednesday, a few feathers short of being ready to fly though the concrete canyons of a new city.

But once they are ready, Denver residents will join residents of Albany, Baltimore, New York, Salt Lake City, San Francisco and Los Angeles in watching a natural hunter in flight.

Wildlife specialists determined several years ago that peregrine falcons can be raised on tall buildings and bridges in the same way they are raised on cliffs.

The program was developed because many wild sites are no longer available.

In Albany, 15 peregrine have been "hacked" atop a 20-story building for three years.

In Salt Lake City a pair of peregrines chose to nest on the ninth floor of a 10-story hotel downtown, and raised three chicks in 1986. The next year the female arrived with a new male, nested again and raised a new brood.

## Hearing begins for Burr Trail saboteur

PANQUITCH — A Garfield County road supervisor testified Monday that silicone was found in the engines of four bulldozers vandalized in the wake of a ruling permitting roadwork on Utah's controversial Burr Trail.

The testimony came in the first day of a preliminary hearing in 6th Circuit Court for Grant Smith Johnson, 31, who is accused of sabotaging the machinery on Dec. 3, 1987.

Johnson, who has lived in the Deer Creek environmental enclave beside the Burr Trail near Boulder, is charged with four counts of criminal mischief, a third-degree felony.

He also faces felony charges of growing marijuana and possessing hallucinogenic mushrooms, among other charges.

Garfield County won a lengthy court battle with environmentalists over plans to upgrade a 27-mile stretch of the dirt road, which meanders over 66 miles of some of southern Utah's most spectacular desert terrain.

Road supervisor Ron Greenhalgh testified that he checked the county's bulldozer on Dec. 4 and found it had "seized up" and would only run for a few minutes at a time, just like three other bulldozers.

## WEATHER

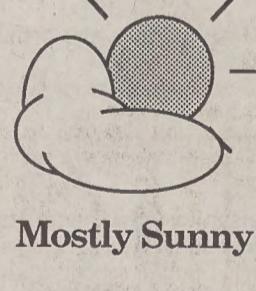
### SLC/Provo

Thursday: Mostly sunny and hot. Highs will be in the mid to upper 90s, with lows in the mid 60s.

Sunrise: 6:08 a.m.

Sunset: 8:59 p.m.

Weekend: Outlook calls for fair to partly cloudy skies with temperatures near the seasonal norms. Widely scattered afternoon thunder showers expected near the mountains.



Mostly Sunny

## THE UNIVERSE

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# Discussion explores Mideast

By GERTRUD STIEFLER  
Universe Staff Writer

The Israeli efforts in Lebanon to liquidate the Palestine Liberation Organization achieved exactly the opposite result, said a Palestinian professor Wednesday night in a round-table discussion at BYU.

Azmy Bishara, lecturer of philosophy at Bir Zeit University in Israel, and Marwan Bishara, director of Claremont Research and Publications monitoring Middle East press coverage in America, spoke in the Herald R. Clark Building.

The Bisharas' visit to BYU is part of a national tour sponsored by the National Council of U.S.-Arab Relations in Washington D.C.

According to Azmy, Israeli efforts turned the Palestinian national resistance from a militant individualistic struggle into a popular mass struggle and gave the West Bank and Gaza Strip strategic positions.

"The PLO was defeated militarily, but it is politically stronger and has become recognized by other countries and especially by the Palestinian people as the leaders of

the Palestinians," said Azmy. The popularization of the national resistance of the Palestinians began during the 1970s when the Palestinians began to organize themselves politically, adopting the attitude that the best way to struggle against the Israeli occupation was to involve all sectors of the population: women, students, charities and research centers.

According to Marwan, the American-Jewish influence on the U.S. government's policy in the Middle East is a rumor.

Since the creation of Israel, the American administration has acted independently of Israeli wishes in several Middle East incidents, he said. "It is because the relation between the American administration and the Israelis is strong that the Israeli lobby in America is strong, not the other way around," said Marwan.

The traditional position in Israeli, Arab and U.S. propaganda has been anti-Palestinian, or what Azmy called a rejectionist extremist position.

"The uprising changed the American public opinion and made Americans more willing to accept the Palestinian position," said Azmy.

## Soviet enclave denied succession to Armenia

MOSCOW — Azerbaijan quashed an attempt by the Nagorno-Karabakh enclave to secede and join Armenia, Tass reported Wednesday, creating another stalemate in a territorial dispute that has caused months of ethnic turmoil.

The official news agency said the Presidium, or executive committee, of Azerbaijan's parliament met Tuesday night and declared the declaration of secession, which the Nagorno-Karabakh legislature voted in Tuesday, to be "null and void."

Three-quarters of Nagorno-Karabakh's 160,000 residents are ethnic Armenians. However, the region was made part of Azerbaijan in 1923. The dispute over it became public this past February, and the neighboring Caucasus republics have been disrupted by riots, strikes and huge demonstrations.

Tass quoted the Azerbaijan Presidium's resolution as saying the Nagorno-Karabakh legislature "failed to secure strict compliance with principles of legality" and "openly encroached on the national state composition of the republic."

It said only 101 of the 150 legislative deputies were present when secession was voted. Reporters for the radio station in the territorial capital, Stepanakert, said Tuesday the vote was unanimous except for one abstention.

The declaration of secession, which defied central authorities all the way up to Soviet leader Mikhail S. Gorbachev, was the first such action in the Soviet Union's 70 years.

Armenians, most of whom are Christians, consider the mountain enclave part of their ancestral homeland. Azerbaijan is predominantly Moslem.

Legislators of Nagorno-Karabakh, which is slightly smaller than Delaware, said in their declaration Tuesday that the enclave was being re-

**BENTSEN**

Continued from page 1

"He knows he can't win without carrying Texas. It ain't going to work," said Clements.

BYU political science professor Dr. Richard Vetterli sees both strengths and weaknesses in the Bentsen selection.

"The obvious factor with the Dukakis choice is that it helps in Texas," said Vetterli.

"However, I think Dukakis may have made a serious mistake in not solidifying the industrial East," added Vetterli.

The possibility of losing Texas could cause Bush strategists to seek a California running mate, perhaps Gov. George Deukmejian, to insure that state's 47 electoral votes.

Most GOP analysts are writing off Deukmejian because if he were chosen as a vice presidential candidate the Democratic Lt. Governor would assume control of the state.

Vetterli suggests it would be a wise move for Bush to seriously consider Dole as his November running-mate. "They have taken several polls recently and all show that Dole would be the most likely to help Bush," said Vetterli.

Supporters of Dukakis' in-party challenger Jesse Jackson are angered

**"Jack Kennedy and Lyndon Johnson beat that incumbent vice president in 1960 and Mike Dukakis and Lloyd Bentsen are going to beat them in 1988."**

— Michael Dukakis  
Presidential nominee

Although clearly surprised to hear of the Bentsen choice, Jackson has insisted he is not angry and has said he will "no doubt support the ticket."

However, many Jackson supporters expressed indignation that Jackson was informed of the Bentsen selection at an airport by reporters and not Dukakis himself. NAACP Executive Director Benjamin Hooks says that without question there will be a dampening of enthusiasm for the Democratic ticket. Vetterli believes that if Jackson forces Dukakis to challenge him on several issues, it may help shed public perception that the Massachusetts governor is too liberal.

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# LIFESTYLE

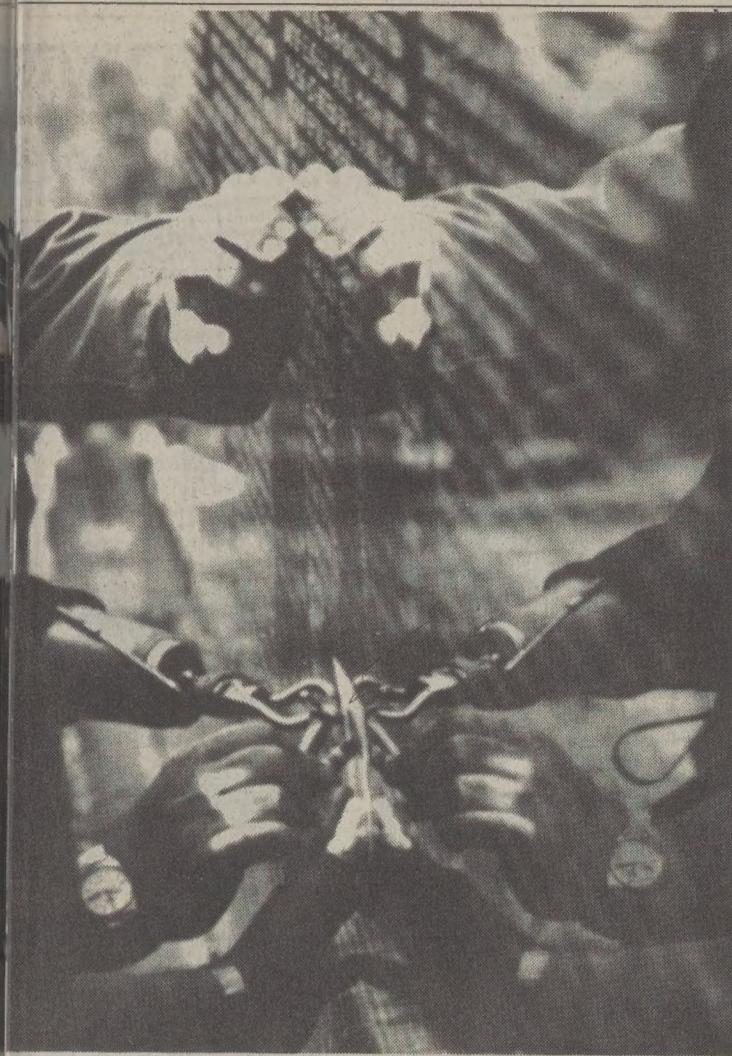
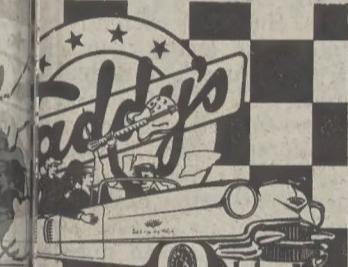


Photo courtesy of BYU Public Communications  
Exhibition of 70 black and white photographs dealing with Vietnam War Memorial in Washington D.C. will open in the Arsen Gallery, HFAC on July 15. The collection of pictures, organized by the Smithsonian Institute, will run until August 12. Friends of a soldier who died in the Vietnam war, make a living of his name from the Memorial.

Symphony performs music by Gershwin

RESE DALEY  
Staff Writer

weekend the Utah Symphony



## EVENTS

Thurs. July 14  
"Rocademia" performing

Fri. July 15  
"Rocademia" performing

Sat. July 16  
"The Boys Next Door" performing

Mon. July 18  
Family Night  
(families get a 10% discount)

Tues. July 19  
Baby Boomers over 40  
10% discount

Wed. July 20  
Student Night (show  
student ID for a 10% discount)

Performances Start 7 p.m.  
Appetizers, Seafood, Chicken, Beef,  
Burgers, Sandwiches, Ice Cream

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The Terrace among  
Utah's finest restaurants?

*It's a matter of taste.*

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ADRIAN'S

## Family Home Evening Special

Monday Night Is Free Topping Night!



Treat your FHE group to the coolest yogurt in town. Every Monday in July you can enjoy FREE toppings with this coupon and the purchase of any size of our delicious nonfat or lowfat frozen yogurt.

Coupon good for up to 6 orders.

**THE YOGURT STATION**

44 East 1230 North, Provo, 377-6457

## Planetarium offers programs

# 'Star gazing' encouraged

By KRISTI HENDRICKSON  
Universe Staff Writer

Most people are not aware of the educational entertainment and quality programs that the Hansen Planetarium has to offer, said the general manager of the planetarium, Mike Dickson.

Dickson, a senior in physics at the University of Utah, said the planetarium has a relatively high attendance compared to other planetariums, but the audience is mostly school-age children.

During the summer, about 20,000 kids attend the shows and demonstrations, he said.

### Top planetarium

"The Hansen Planetarium in Salt Lake City is one of the top five planetariums found in the world," said Dickson, who has worked at the planetarium for four years.

The planetarium uses the most recently updated technological equipment. As of five years ago, the planetarium purchased a digi-star star projector. They have one of only six or seven used in the world.

With this projector, images are generated by computer and projected inside a dome where the audience views the star shows. The viewer sees the pictures as if he were inside a large screen TV.

Many science labs, museums and other planetariums around the world use pieces of work created by the Hansen Planetarium, said Dickson.

Most planetariums have staffs of five to 10 people, but the Hansen Planetarium has a staff of 80 people.

The planetarium has its own workshop and technicians who can build what they need to exact specifications. It employs three full-time artists who create all the slides and computer graphics that the planetarium needs.

### Began with contribution

The Hansen Planetarium was started from a contribution made by George T. Hansen, a prominent businessman, about 25 years ago.

The planetarium in the last few years has started showing short theatrical performances that cover information on different aspects of astronomy.

Dickson said they usually write their own scripts, but occasionally they hire a well-known astronomer to write a script for a show.

These shows are wonderful because they give a picture of galaxies from an astronomer's point of view, he said.

The planetarium also offers demonstrations and lectures for the public about astronomy.

For more information about the planetarium, which is located at 15 S. State Street in Salt Lake City, and showtimes of the star shows, call 538-2104.

"Moon Rush" is the new science theater production for this summer. It is a play about the science of rocketry. The script is a comedy about a gold-seeking E.T. who accidentally crash lands on earth.

A rocket comes crashing through the wall, live scientific demonstrations are done and wild contraptions are displayed to create an exciting production, said Dickson.

The show teaches principles of astro-physics and other branches of science in an interesting way, he said.

The set for "Moon Rush" was made from trash found in the junk yard and then designed by the planetarium's staff. The show plays daily Monday through Saturday.

### Also for students

Dickson said laser shows are also a big attraction among teenagers and college students.

These shows consist of audiovisual images projected on a screen and synchronized to medleys from popular music groups.

Every weekend a group from the planetarium takes telescopes and travels to a designated site to watch the stars with the Salt Lake Astronomy Society.

These star parties are for both beginners and experienced astronomers who want to view the wonders in the sky, said Dickson.

A big advantage of going with the group is being able to look through telescopes with people that are experienced and have a knowledge of what is being viewed, he said.

They also have an education staff that works on a program called "Outreach" which serves to educate future generations, said Dickson.

"Outreach" travels to the different schools and does space and science demonstrations for the children. They usually travel to the schools which aren't able to come to the planetarium.

"Just walking through the planetarium is interesting," said Dickson. Inside on display are photographs, models and exhibits of stars, craters and instruments used in astronomy that are very educational.

The planetarium also offers demonstrations and lectures for the public about astronomy.

For more information about the planetarium, which is located at 15 S. State Street in Salt Lake City, and showtimes of the star shows, call 538-2104.

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# OPINION

## Unsung heroes come in all sorts to perform service

Unsung heroes.

Everyday people, with everyday lives. They work, eat, go to school, sleep and live their lives just like everyone else. Some have families; some live alone. Some are tall, some short; some are blond and some brunette.

There is no set formula for a hero. Bravery is certainly a key element, and yet it seems to be a characteristic inherent to everyone, at one time or another. All in all, heroes are normal people, just like all of us.

But when tragedy strikes, some people throw all thought for personal safety aside as they strive to save the life of another.

Most people are familiar with the Jessica McClure story. Last October, 18-month-old Jessica fell down an abandoned well in Midland, Texas, becoming lodged far below the surface. For more than two days, volunteers worked against the clock, digging a larger shaft so that rescuers could reach the little girl.

Many people rushed to the scene, whether they had rescue experience or not, to see if they could help. Experienced excavators brought equipment and began to dig. Medical personnel arrived to do all they could to keep Jessica alive. Restaurateurs brought food for the rescue crews. Friends and family of the McClures came to give their support to Jessica's parents. And still many more came just to be there, in case they were needed.

After 60 hours, when Jessica was finally rescued with minimal injuries, a cheer went up from the crowd, and from people all over America who had followed the ordeal. Whether they had actually helped or not, everyone shared the relief and joy when they saw a rescue volunteer emerge from the shaft with the tiny girl in his arms.

Although events like this do not happen everyday, and do not always have a happy ending like Jessica's, there are volunteers everywhere who are willing to do whatever it takes to save a human life, even if it means risking their own.

After hearing about last week's accident in Provo Canyon on a police scanner, former BYU student Mark Allen grabbed his scuba gear and headed for the site. A part-time worker for a local ambulance company, Allen was off-duty at the time.

Arriving just as rescue crews were preparing to pull the upside-down vehicle from the Provo River, Allen was given the chance to go in and look for survivors. Fighting a strong current and cold water, it took Allen 15 minutes to find freshman Stuart Reeves, trapped in the car with only a small air pocket to keep him alive.

After freeing Reeves, who was able to walk out of the river on his own, Allen spent another 15 minutes underwater, trying to free Julianna Crosby, also a BYU student. Allen continued his rescue efforts out of the water, as he performed CPR on Crosby as she was taken to the hospital.

Although attempts to revive Crosby were unsuccessful, the efforts of Allen can be considered heroic. Volunteering his time, equipment and rescue knowledge, he was able to save the life of another.

Across America, thousands of people like Allen perform acts of unsung heroism everyday. Take for instance the fire fighters, policemen and ambulance personnel that daily put their own lives in jeopardy to save others. Some are paid for their efforts; others belong to volunteer organizations where the only payment is the satisfaction that comes from serving your fellowman. But that is a payment in which all can share.

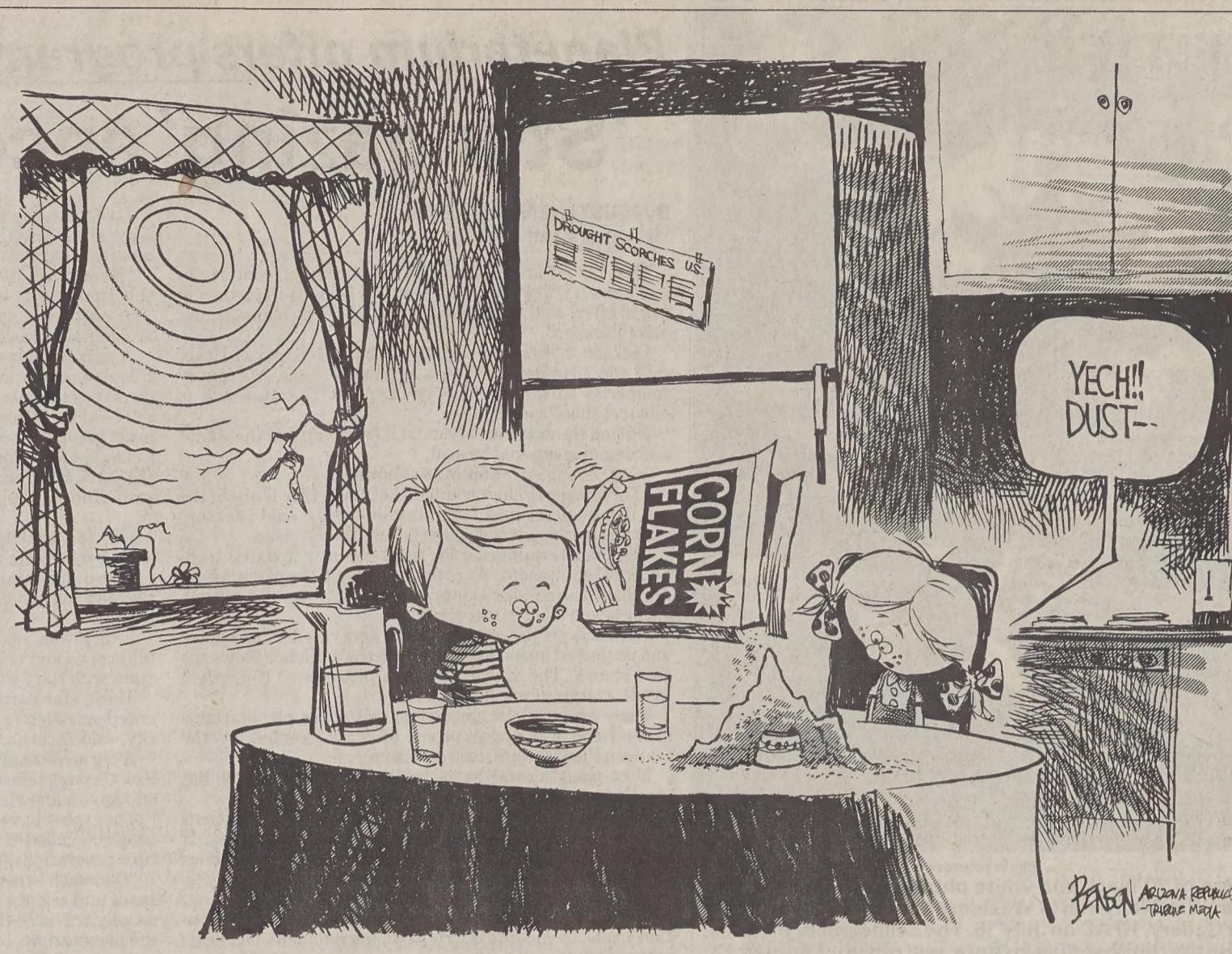
Acts of service come in all forms. Perhaps more common, but rarely acclaimed, are those who are willing to share their time with others. Visiting the elderly and the sick, helping out children with special needs, being a friend to someone who needs one — all are forms of service.

Some people regularly visit retirement homes, regardless if they know any of the residents. This special breed of hero is content to give three of the most precious commodities we all have — time, friendship and a listening ear — in return for sometimes just a smile or the clasp of a weak hand.

Still thousands more spend time every week helping out youth groups. Some volunteer as youth counselors, others coordinate activities for young people or serve as role models. This service, especially in larger cities, has helped many kids find the way out of despondency to a worthwhile life.

The Universe proudly salutes all those who unselfishly dedicate themselves to the preservation of life, who are willing to give of their time and talents, even if it means sacrificing their own safety, that others may live. Regardless of how grandiose or quiet the act of service, all are heroes.

*The above is the opinion of the Editorial Board of The Universe which comprises the associate publisher, editor, opinion page editor, a teacher of opinion writing and a student staff member. Universe Opinions are not necessarily those of Brigham Young University, its administration or sponsoring church. The Editorial Board meetings are held every Thursday at 1 p.m. in 541 ELWC. All meetings are open to the public.*



## Dukakis opposes freedom fighters

### Are Democrats still resisting Marxist expansion abroad?

Political pundits across the nation are hailing likely Democratic presidential nominee Michael Dukakis for resisting the pressure of Jesse Jackson and "moderating" the 1988 Democratic Party platform. They say this because Dukakis has steadfastly refused to imitate 1984 nominee Walter Mondale and cheerlead for a tax increase. The only concession Dukakis gave to Jackson is the "trivial" issue of South Africa.

Dukakis has apparently decided to brand South Africa a "terrorist" nation. In his zeal to appease the Rev. Jackson, he has decided to distort the scope of the word "terrorist." Despite its many wrongdoings, the South African hierarchy is not a law unto itself. The high court in South Africa has frequently declared government decrees unconstitutional. One could hardly imagine similar events occurring in the Marxist dictatorships of Ethiopia, Angola or Zimbabwe.

Also, for its many offenses, the current government in South Africa does not inflict violence against non-combative opponents. It does not follow the African National Congress example of dragging innocent civilians who disagree with them from their homes, shoving gasoline-drenched tires around their torsos and burning them alive in public. Still, don't expect Dukakis to declare the ANC a terrorist organization.

Also Gov. Dukakis has caved in to the Rev. Jack-

son on the issue of Angola. He would cut off total aid to the pro-Western resistance National Union for Total Independence of Angola (UNITA), headed by Jonas Savimbi and extend diplomatic recognition to the communist regime currently economically subsidized by Moscow and propped up by more than 50,000 Cuban troops.

To Jackson and the weak-kneed Dukakis, because Savimbi receives aid from South Africa, that makes him a stooge of that racist country and unworthy of liberal admiration. But anyone aware of the history of the rebel leader would think otherwise.

Like any freedom fighter resisting a regime funded by an "evil empire," Jonas Savimbi will take help anywhere he can get it. When UNITA was struggling in the 1960s against then colonial power Portugal, Savimbi received training from communist China.

Jonas Savimbi is no different than our founding fathers who received invaluable assistance from the French monarchy more than 200 years ago. Savimbi will take help from whatever government offers it.

Despite the Democratic majority in Congress and others such as Jackson and Dukakis who turn their back to UNITA and have decided to cast their lots with the Soviet regime, Castro and totalitarianism, Jonas Savimbi continues to provide hope to

oppressed Angolans. His forces currently control the eastern half of Angola, and it is prosperously while the "official" communist government which controls the other half is an economic basket case.

What has happened to the Democratic party of America? It was once an institution proud of its history of resisting Marxist expansion. Harry Truman was instrumental in resisting Stalinist expansion in Greece and Turkey.

John F. Kennedy fought hard to stop the carpet in Laos and Cambodia, and Franklin D. Roosevelt once proclaimed that all people resist communism should be supported by our country. He described as the Great Arsenal of Democracy.

Instead, today we have Dukakis, a Democratic candidate who would tolerate a Marxist regime in Nicaragua, is willing to get cozy with the communists in South Africa, support Marxist Angola fight against the man Savimbi, who has been resisting their communist tyranny for a decade. In these stances he has dragged himself into a de facto alliance with Daniel Ortega, Fidel Castro, and the Angolan dictatorship.

Do the American people really want this type of leadership? A more important question is why rank-and-file Democrats tolerate such a stand-bearer?

Doug Gil

## LETTERS TO THE EDITOR

### Notice nature

Dear Editor:

I am writing this letter because of something that has been bothering me. Having had the opportunity to observe BYU students over the past two weeks, it has struck me how narrow and enclosed people can be. Kids here are just too concerned with grades, social life and other worldly affairs. It seems to me that they are indifferent to other things that are just as important. Nature for example.

Not many people take the time just to slow down and commune with what God has created. Often my mind is transported in rapturous awe when I look at the mountainside or get up at 6:30 in the morning to see a glorious sunrise. I think that here is an inner spiritual potential that most poor souls leave untapped. Ecstasy should not be something hard won or seldom experienced, but should be part of one's daily emotional furniture.

Students in college often complain of depression or stress. I cannot see how, when they are continually surrounded by the most majestic sights (the mountains, etc.) that creation has to offer. They must be blind!

Eric Bess  
Bountiful

### Beyond taste

Dear Editor:

The two cartoons in Thursday's Universe exploit the Iranian jetliner incident far beyond the limits of taste and reason. This two-pronged attack on American military personnel seems as irresponsible as the attack on the Iranian airplane was presented as being. To portray the attack on that aircraft as being the work of trigger-happy buffoons requires gross indifference to the present lack of adequate information and rather gross insensitivity in regard to the generally honorable and responsible behavior that has been characteristic of our military throughout the history of this nation.

Perhaps the cartoonist and his editor could have been perceptive enough to look at that radar scope and determine immediately that an approaching aircraft had to be carrying innocent civilian passengers rather than high explosives. But I'm not sure the Navy personnel in its pugil could have been so perceptive, especially when earlier failures to detect hostile intent had cost the lives of so many sailors on another ship and so many Marines in their barracks in Beirut.

My close association with several branches of our armed services over the past 35 years has convinced me a uniform offers no built-in immunity to such human shortcomings as stupidity and malice (no more than the possession of a press card does), but it has also convinced me that the overall record of our military has been very good — certainly good enough to deserve more charitable treatment in our press. Largely because that record has been so good, cartoonist and editors now enjoy the freedom to present their views with little regard for the consequences. They also had that freedom when thousands of American servicemen were paying for it with their blood

on the beaches of Normandy and the islands of the Pacific, but a healthy respect for those who were putting their lives on the line (often with no chance of ever being able to do so again) encouraged considerable restraint even among the more insensitive members of the press.

Instead of being so caustic in asserting a lack of responsible behavior on the part of people who are putting their lives and personal welfare on the line, perhaps our campus newspaper could do a better job of giving us examples of careful consideration in its own performance.

Marion K. Smith  
Associate Professor of English

### Thanks, but ...

Dear Editor:

I am writing first to thank all those associated with the Freedom Festival. I particularly liked the firesides featuring President Hinckley and Vietnam Veteran and POW Charlie Plumb.

Secondly, I would like to say that since I have been at school I have enjoyed reading The Universe. However, I was very disappointed when I read the editorial cartoons on the Opinion page of the July 7 edition of The Universe. I did not appreciate the fact that our military servicemen and officers were portrayed as dirty, untrained and incompetent. They are under considerable pressure and tension there in the Persian Gulf. Perhaps, when they saw on radar a plane approaching that they couldn't make proper contact with, their thoughts and fears turned to the Iraqi warplane attack on the USS Stark and what happened when the Stark failed to defend itself.

This recent incident was truly tragic. I mourn for the 290 lives that were lost and pray that their families will be comforted and that they will not harbor feelings of vengeance. I also pray that our servicemen may be blessed with good judgment and the ability to think clearly and quickly when necessary.

I wonder, what if that Iranian airbus had, in fact, been a F-14 Fighter (from any country), and the Vincennes had not defended itself and another 40+ American lives were lost? What kind of cartoons would I have found then?

I hope this letter has not sounded too negative.

Eric A. Bean  
Overland Park, Kansas

### Hasty judgment

Dear Editor:

Over the past three years while attending BYU, we have become quite accustomed to the less-than-substantial editorials published in The Universe. Perhaps the July 7 editorial "Iranian Air Flight 655," with its two accompanying political cartoons, deserves the recognition it has earned as the most irresponsible and distorted piece of journalism published in this school's newspaper to date.

The Universe cartoonists, Mueller and Mika, depicted the downing of Iranian Air Flight 655 by the USS Vincennes as an act of calculated, cold-blooded American terrorism. Certainly if there had been any indication whatsoever that this was the case we would expect The Universe

to join in a public outcry. Instead it has falsely tried to instigate one. To make light and sensationalize this disastrous human tragedy by twisting and even concocting reality is in bad taste. The cartoons were also indicative of Mueller's and Mika's insensitivity to the remorse and regret expressed by the American citizenry and leadership and an even greater indication of a void of any professionalism or moral responsibility. And what of The Universe's accountability?

In her editorial, Cindy Williams was a bit more cautious in her approach to the Airbus incident, but it was still characterized by hastiness and superficiality. By recognizing early conflicting reports, she commendably acknowledged the difficulty of arriving at the truth, just yet. Apparently though, in the course of the article she finds the "truth" and proceeds to hold the United States entirely liable for creating this "accident waiting to happen."

Unfortunately, Williams is right in her criticism that no amount of money can ever take the place of the victims. Williams is wrong when she supposes that sending monetary aid to the victims' families is intended to do just that. Williams further aggravates reality when she also attributes the Airbus incident to America's disregard for the military unrest pervading the Middle East. Was it this same disregard that led to the Camp David accords and many other peace-making agreements in the Middle East?

Many Americans have given their lives in the Middle East (USS Stark, Beirut bombing of Marine barracks, embassy bombings, hostage taking, etc.) not out of disregard but out of a resolve and a determination to bring peace to this region. We are indeed supportive of the U.S. Persian Gulf Policy and welcome America's will to allow our foreign policy to continue to be formulated in D.C. and not directed by Iranian revolutionaries and their surrogates — even in the face of this unfortunate human tragedy.

Because of this hasty, imprudent, superficial and misleading judgment expressed by these individuals, we feel The Universe has been negligent in its obligation to the public. The press can act the role of public opinion or mislead it. We believe The Universe has chosen the latter.

Mat Moody  
Jacksonville, Fla.  
Craig Jamieson  
Gilbert, Ariz.

### Objectivity

Dear Editor:

Last week as I read the "Letters" portion of the Opinion Page in The Universe, it became apparent to me that a very large portion of opinions people have to send in to the editor are negative. Now, I agree that in order to get things changed or accomplished one must voice a strong opinion and make people see the need to take action, but as equally important is the need to have a positive outlook in life and see what is good and helpful, rather than irritating or annoying. With the ability to see things as they can or should be when they are "less than perfect," we learn to more readily appreciate those things which were good to start out with, instead of criticizing them too. What must be done then is if someone sees something that needs work or is unavailable at all, it's necessary that they write in

about it in order to improve it. What should also be done is the person who takes the time to write a something negative should also take the time to acknowledge something positive. Such a balance would not only help the patrons of this paper to look for and appreciate the good, but also more objectively criticize the bad.

Rick F.  
Phoenix, Ariz.

### Hunger pain

Dear Editor,

I am writing to express my concern about the dining hours at the Cannon Center. Many students living in Helaman Halls are finding the hours very inconvenient to their schedules and lifestyles. Students are having to skip meals or order pizza later in the evening because dinner hour is so early.

I feel the hours in the dining areas should be an hour later for dinner, starting at 5-7 p.m. This would be more convenient for the students. They would not have to spend their scarce money on food, because they would not be hungry before they went to bed.

The later hours would also be convenient for those who work until 5 or 6 p.m. Most of our parents have paid money for us to eat and sleep here. We should at least give the chance as students and residents of this facility to when it is convenient for us.

Amy W.  
Parker, C.

### Keep up the construction

Dear Editor,

I have noticed a lot of construction taking place on campus. Whether or not the purpose of this is to add or improve the university, I feel it is necessary for the development and progression of a finer school.

I feel this way because of the constant changes that place. For example, more people are allowed on BYU and the population on campus increases each year. There obviously needs to be more classrooms and spaces to accommodate the students. Also, buildings, certain of them, will inevitably need construction work to maintain the structure and appeal. They need to be constantly improved. It is a fact that buildings that are maintained care of deteriorate more quickly than those that are maintained or improved.

In conclusion, I think that instead of complaining cause the construction forces a student to take a different route, we should realize how much more beautiful additions and improvements will make our campus.

Debbi M.  
Bloomfield, I.

The Universe gladly accepts letters to the editor. Letters must be typed, double-spaced and not exceed one page. Name, social security number, telephone number and hometown must accompany letters. The Universe reserves the right to edit letters for clarity and length.

# SPORTS

## Former Cougar great back at BYU

*Women's No. 2 all-time scorer played basketball in France*

By TESA SPAULDING  
Sports Writer



TRESA SPAULDING

Tresa Spaulding, a former member of BYU women's basketball team, spent eight months in Europe where she played professionally for a men's basketball team.

Spaulding played on BYU's men's basketball team from 1984-85 during this time, she won the title of American over and over again. Last summer Spaulding was faced with two athletic options and a decision had to be made.

She was offered a contract to go and play basketball in France for a team "Aix in Provence."

Spaulding said at the same time, she was thinking of possibly playing overseas for BYU's women's volleyball team.

Before Spaulding decided she would take advantage of the offer to play in France she said, "I was scared to death and I didn't know what I wanted to do — the unknown was scary." The 6-foot-7 basketball player from Meridian, Idaho, left for France in August of 1987 and returned home last April.

Since there isn't a professional basketball league for women in the United States, Spaulding said women in Europe to play. In Europe, the basketball teams are set up by a club form. Usually there are 12-20 in each country, Spaulding said. Each team is allowed only two players. According to Spaulding, foreigners are almost always Americans.

There's a big difference between the way Europeans play basketball

"The team didn't speak English and the coach didn't either," she said. "I was clueless half the time." By the time she left the country she was speaking the language almost fluently, she said.

The highlight of her experience in France was the opportunity she had to do missionary work for The Church of Jesus Christ of Latter-day Saints. She said missionary work is something she has always wanted to do. Spaulding said she had often thought about serving a mission for the church but that she never felt a full-time mission is right for her.

Spaulding said "the doors were opened for me," when she was given the opportunity to participate in missionary work.

Spaulding said she learned a lot about missionary work during her time in France. "I learned it's a sacrifice — it's not easy," she said.

Upon returning home from France, Spaulding said the experience she had had, made her realize how grateful she is for this country and for the Church. She said she is very patriotic and she loves the Church.

During the time she played basketball at BYU, Spaulding won several awards and titles. She was chosen to Basketball Yearbook's 1984 Freshman All-American Team, and a Street & Smith's 1983-84 Honorable Mention All-American. She placed second in the nation in blocked shots in 1984-85 and in 1985-86 she placed third in the nation in scoring and seventh in field goal percentage.

Spaulding finished second in all-time scoring at BYU, 450 points behind Tina Gunn.

Currently, Spaulding is attending BYU and is majoring in youth leadership and minoring in coaching. She said she plans to graduate in December of 1989 and may return to Europe to play basketball again.

She presently is waiting for a possible offer for an opportunity to again play in France.



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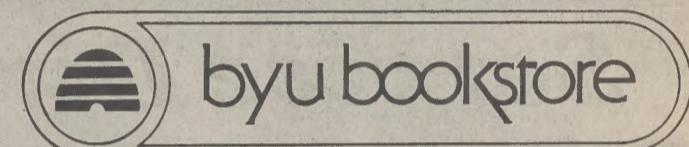
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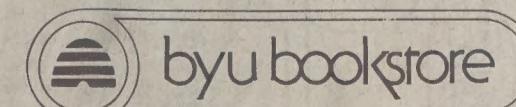
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# Food poisoning is preventable

By KRISTI HENDRICKSON  
University Staff Writer

Studies have shown that the number of reported cases of salmonella, a type of food poisoning, increases drastically during summer months in the United States, according to a study by the U.S. Public Health Service.

Judy Harris, home economist at the Utah State University Extension Service, said, "Food poisoning bacteria will flourish between the temperatures of 40 and 140 degrees."

During the summer months, because of warm outside temperatures, it is difficult to keep food cool. This explains the increase in the number of food poisoning cases, she said.

According to Harris, preventing the bacteria growth is difficult during summer months when picnics and vacations make it difficult to cook and refrigerate food.

**"We must be more careful when picnicking and be sure to pack foods separately and keep everything very cool."**

— Judy Harris  
Home economist

Harris said people need to be more careful when picnicking. "They should pack foods separately and keep everything very cool," she said.

According to "The Safe Food Book," published by the U.S. Department of Agriculture Food Safety and Inspection Service, approximately two million Americans get food poisoning each year.

Most people don't know when they get food poisoning and often times just pass it off as the flu, said Harris.

"Three of the four most common types of food poisoning have symptoms similar to the flu. When people get sick they usually don't associate the illness with what they've eaten," she said.

Harris said microorganisms are present on every food, but are only harmful in large amounts. Most food poisoning bacteria cannot be detected because it doesn't affect people.

ter the smell or appearance of the food, according to "The Safe Food Book."

Food poisoning becomes a problem when the bacteria is left in an environment where it can multiply rapidly. Caution should also be taken so that bacteria is not transferred from food to food, said Harris.

According to a pamphlet produced by the U.S. Department of Agriculture called "Keeping Food Safe to Eat," keeping food cold inhibits bacterial growth and toxin production.

Raw meat contains many of these organisms, and precautions should be taken when cooking it, said Harris.

"The Safe Food Book" said the two most important rules are to keep hot things hot and cold things cold to avoid the dangerous temperature zone.

Another rule explained in the book is to keep the cooking area clean when preparing food because most food is contaminated through careless handling.

Harris said, the problem of food poisoning usually arises when preparing the food or storing it unprotected in the wrong temperatures.

After working with one food, it should be put away and the counter should be cleaned before working with another food.

This will help avoid cross-contamination, she said.

Heating food is another way to prevent food poisoning, but this method cannot be relied upon alone, said Harris.

There are certain types of bacteria which will produce toxins that once they have had time to build become very heat resistant and cannot be destroyed.

## Congress ratifies bill; veto showdown likely

Associated Press

WASHINGTON — An election-year juggernaut to force employers to give workers 60 days notice before closing plants or ordering large layoffs cleared the House on a 286-136 vote Wednesday, setting up a likely veto showdown with President Reagan.

Fifty-four Republicans abandoned the administration, giving the White House 9 fewer votes than the 145—or one third—necessary to sustain a veto, assuming all 432 members vote.

The legislation passed the Senate by a veto-proof 72-23 vote last week. The House tally, if repeated exactly, also would be sufficient to override a veto, but 10 members—seven Democrats including Speaker Jim Wright of Texas and three Republicans—did not vote. A veto override would require 288 votes if all members voted.

"I suspect the president will veto it,"

said House Minority Leader Robert Michel, R-Ill. "The legislation is here to create an issue, not because people are demanding it."

But former GOP opponents of the bill immediately began sending signals to Reagan and Vice President George Bush, the party's sure presidential nominee, not to press an issue that Democrats can use in the November elections.

"I don't think he'll be able to sustain a veto," said Rep. Marge Roukema, R-N.J. "There are a lot more than 54 Republicans who don't want him to veto it. We fought every fight; Bush is going to have to handle the issue now."

With polls showing that more than 80 percent of voters support mandated layoff notices, unions successfully persuaded Democratic congressional leaders to attempt enacting the measure before considering a revised trade bill that Reagan vetoed in May because it included the notices.

In arguing against Bangerter's plan, Prante quoted the memo as saying that ongoing income tax surpluses may only be \$40 million a year, not the \$70 million figure agreed upon by Bangerter's office, the State Budget Office and the legislative fiscal analyst.

Commission spokesman Lee Shaw said Macdonald, who is on vacation, had been reassigned to "special projects." He also said the transfer had nothing to do with the memo.

Francine Giani, Bangerter's press secretary, said the governor had nothing to do with Macdonald's reassignment, but had asked tax commissioners to investigate how Prante got the memo.

"At this time, I can say that no

pressure was brought to bear on the commission. This is an internal change. We don't make policy for our departments in these kinds of matters," Giani said.

"This is not a political issue. But it is important that the governor have people working for him that he trusts. That's fair," she said. "If Doug had continued to make forecasts for the commission, the governor would seek outside advice."

On Tuesday, Bangerter said he had lost confidence in the Tax Commission's ability to forecast revenue projections accurately.

Bangerters tax rebate plan has been signed, a commission spokesman said.

Macdonald fell out of favor with Bangerter when an internal memo written by his office was leaked to Frank Prante, D-Legan, who it during the July 5 special legislative session when lawmakers approved a \$67 tax reduction plan.

The Republican-dominated Legislature also approved an \$80 million rebate on 1987 returns filed by taxpayers.

"At this time, I can say that no

## Tax commissioner reassigned

Associated Press

SALT LAKE CITY — The Utah Tax Commission chief

commissioner who wrote a memo questioning the wisdom of Gov. Norm Bangerter's tax rebate plan has been

reassigned, a commission spokesman

said.

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# CAMPUS

Volunteers needed to read

## Program gives 'sight to blind'

By GRANT HARDESTER  
University Staff Writer

Reading for the Blind, a program sponsored by BYUUSA, assists approximately 20 visually impaired students attending BYU.

Volunteer workers read textbook material into tape recorders. The visually impaired students then listen to these tapes at a later time.

Kevin Brown, a senior from Provo, majoring in sociology, is visually impaired. "I wouldn't be in school if it weren't for this program," he said.

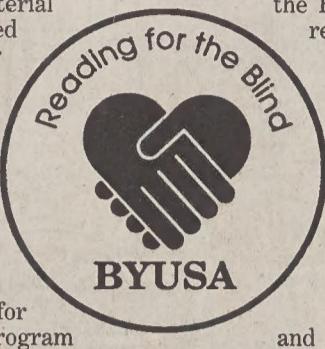
According to Brown, there are some college textbooks written in Braille; however, these textbooks take considerably more time to read.

Daniel Wilson, assistant coordinator for handicapped student services, said the program was developed to allow visually impaired students access to course material.

According to Wilson, there are two types of volunteer readers in the program—textbook readers and direct live readers.

Textbook readers are those who read into a tape recorder, and live readers read directly to the visually impaired student.

Students can sign up to be a volunteer in the Learning Resource Center of the Harold B. Lee Library.



Volunteers will be asked to read college textbooks and study materials.

Wilson said the process is a "pretty simple thing. It just needs to be done."

Dan Szuch, program volunteer and a senior from San Diego, Calif., majoring in geography, said Reading for the Blind badly needs volunteers for textbook recordings.

"We need to catch up. We need the textbooks read before fall starts," said Szuch.

Szuch said just as students must read their textbooks to do well in college, visually impaired students must be able to listen to textbook recordings.

Students who volunteer may end up reading information for the program that will benefit them personally, said Szuch.

Wilson said live readers help do research and assist the visually impaired students in other college related activities.

Brown uses the services of volunteer students to help him take tests and conduct research. "If it weren't for volunteer readers, there would be no possible way for me to do research."

Brown said that he recognizes the importance of the volunteers, and holds his breath each semester hoping that students will volunteer to read.

"Blind people have minds," he said. "Without the readers we would be limited."

One doesn't need to be suddenly frightened or faced with danger to get a rush of adrenaline, said a BYU professor of physiology and anatomy.

The adrenal gland actually has a much more mundane—but equally important—responsibility, according to William W. Winder, who for 10 years has conducted research on the pivotal role of the liver, adrenal gland and stress hormones during exercise.

Winder recently presented research results giving new insights into the functions of adrenaline at the annual meeting of the American College of Sports Medicine. His project is being funded by a grant from the National Institutes of Health.

Working with genetically-similar

albino rats, Winder and his laboratory crew have shown that epinephrine (also known as adrenaline) sharply rises when the liver's supply of glycogen—the body's primary source of energy—is depleted.

Glycogen is a starch-like carbohydrate stored in the liver and other tissues. When the body needs energy, glycogen breaks down into glucose (or sugar) and is released into the blood stream, raising blood sugar levels and providing a source of energy.

As soon as an exercising individual runs out of liver glycogen—which could be within a couple of hours if the exercise is sustained and aerobic—the body must rely on synthesis of glucose from lactic acid or amino acids, which are derived from the muscles. Energy also can be derived from fatty acids.

The method of creating energy from the muscles instead of the liver takes the body considerably more time, said Winder, and it tends to open the door for blood sugar levels to drop. Low blood sugar is commonly known as "hypoglycemia."

People suffering from hypoglycemia have chronic low blood sugar, headaches and depressed energy levels. It is potentially a serious health problem and can become permanent if not identified and treated.

Usually, when blood sugar levels drop, people get tired enough to stop exercising or expending energy. But for some people, such as marathoners or those in any sport where exercise is sustained at a high level for several hours, hypoglycemia may be a problem, said Winder.

Eating a high carbohydrate meal several hours before a race or any prolonged exercise would be a good idea, he said.

Importantly, the body's signal to seek energy from sources other than the liver comes from a healthy dose of adrenaline, notes Winder.

"Epinephrine is a signal to the muscles, particularly to those muscles

that aren't working, to draw out glycogen for the body's use when the body is working to its limit," Winder said. "Increasing the concentration of epinephrine in the blood stimulates production of lactic acid from resting muscles."

Typically, liver glycogen stores will last 24 to 48 hours if a person isn't exercising. But once a person starts to work out, the liver releases its glycogen fairly rapidly.

The harder a person exercises, the more glucose the body needs and the quicker the liver's glucose store runs out.

"In fact, you can increase a muscle's demand for glucose up to 35 times its resting value when you exercise, depending on how hard you work," notes Winder.

And, while exercising to the point where the body needs to use fat stores as an energy source can be helpful in weight reduction, it can also be dangerous if not properly approached.

"Maintaining blood glucose levels is a very important job assigned to the liver," he said. "The brain has an absolute requirement for glucose. People with marginal hypoglycemia, for instance, may notice neurological problems such as flickering blind spots and headaches. That's because the brain isn't getting enough glucose for its needs."

The best advice, then, for anyone involved in competitive sports that require a sustained level of exercise is to avoid prolonged fasting before a race, said Winder, who adds that a body without adequate energy stores will quickly run out of steam.

Anyone with an impaired or absent adrenal gland, whether because of disease or surgery, is at risk for hypoglycemia because of the body's inability to produce adrenaline. According to Winder, those people should be careful about exercising after a fast or should be sure to eat a few hours before any prolonged exercise.

Long-term type-one diabetics, those who must take insulin shots daily and have had the disease for 20 years or so, should also consider watching their diet when deciding to exercise. For some of these people, the adrenal gland's ability to respond is not as great as it ought to be, he said.

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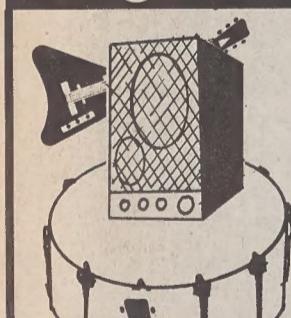
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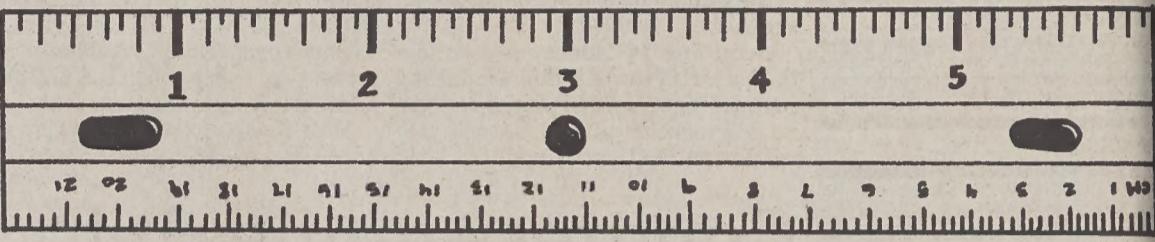
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